LIFE PLAN
The Essential Elements for living a life of Excellence!

I will not live an outstanding life by ________________! I can only live an outstanding life by forming _______ and creating ___________________ that will allow me to achieve excellence everyday. Randy Anderson

What is EXCELLENCE?

Excellence isn’t as much about __________ the ______ at something as it is about being the ______ _____ can _____, and about becoming _______________ than you were ____________.

The components of a wheel are ____________________________, and so are the five areas of ____________ _________________.

This training material is developed by e3 Professional Trainers and cannot be reprinted or used in any other format without our written consent. E3 Professional Trainers works with individuals, teams, or entire companies to improve productivity and profitability, while teaching participants how to live a more fulfilling life. For more information about the training we provide and how we can help you and your company, as well as permission for using this material, please visit our website at www.e3professionaltrainers.com or contact us at (806) 787-3474 or randy@e3professionaltrainers.com. We also invite you to “like” E3 on Facebook (E3 Professional Trainers) and follow us on Twitter (E3ProfTrainers).
LIFE PLAN
The Essential Elements for living a life of Excellence!

L – Live with _______________ and ______________!

Core Values - These are the things for which we are willing to
_______________ in order to have and __________ to keep.

I – _____________________ Development

Your brain is like the _______ _______ of a ________________.

Don’t learn more to know more, learn more to _______ _________!

F – ______________ (The Three Key Disciplinary Contributors to Your Physical Health)

E – ______________ ________________________ (Spiritual Growth)

Spiritually — Your most ______________ ________ beliefs

This training material is developed by e3 Professional Trainers and cannot be reprinted or used in any other format without our written consent. E3 Professional Trainers works with individuals, teams, or entire companies to improve productivity and profitability, while teaching participants how to live a more fulfilling life. For more information about the training we provide and how we can help you and your company, as well as permission for using this material, please visit our website at www.e3professionaltrainers.com or contact us at (806) 787-3474 or randy@e3professionaltrainers.com. We also invite you to “like” E3 on Facebook (E3 Professional Trainers) and follow us on Twitter (E3ProfTrainers).
**LIFE PLAN**

The Essential Elements for living a life of Excellence!

\[ P – \underline{\underline{_________________}} \ (\underline{\underline{_________________}} \ \underline{\underline{_________________}}) \]

All of your \underline{\underline{_________________}}

\underline{\underline{_________________}}

\underline{\underline{_________________}}

\underline{\underline{-------------} / \underline{\underline{-------------}}} (Internal and External)

\[ L – \underline{\underline{_________}} \text{ and } \underline{\underline{_________________}} \ (\text{Your Moral Character}) \]

Your moral character is the \underline{\underline{_________}} you are and the \underline{\underline{_________}} you live.

The things that you do that are \underline{\underline{_________}} than \underline{\underline{_________}}.

\[ A – \text{ Allow for } \underline{\underline{_________}} \text{ and } \underline{\underline{_________________}} \]

Margin is the difference between your \underline{\underline{_________}} and your \underline{\underline{_________________}}.

Margin should \underline{\underline{_________}} or \underline{\underline{_________}} you.

If you have no margin, you are like a \underline{\underline{_________}} with no air in the \underline{\underline{_________}}.

Creating margin in your life may mean \underline{\underline{_________}} \underline{\underline{_____}} to some \underline{\underline{_______}} things.

\[ N – \underline{\underline{_____}} \text{ is the Best Time to } \underline{\underline{_________}} \text{ or } \underline{\underline{_________}} \underline{\underline{_______}} \]

You will never change your life until you change something you do \underline{\underline{_________}}!

Success is found in your \underline{\underline{_________}} \underline{\underline{_________}}.  

John Maxwell

---

This training material is developed by e3 Professional Trainers and cannot be reprinted or used in any other format without our written consent. E3 Professional Trainers works with individuals, teams, or entire companies to improve productivity and profitability, while teaching participants how to live a more fulfilling life. For more information about the training we provide and how we can help you and your company, as well as permission for using this material, please visit our website at www.e3professionaltrainers.com or contact us at (806) 787-3474 or randy@e3professionaltrainers.com. We also invite you to “like” E3 on Facebook (E3 Professional Trainers) and follow us on Twitter (E3ProfTrainers).