Life Plan
Creating and Maintaining Life Balance

Presented by: Randy Anderson

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I will not live an outstanding life by accident!

I can only live an outstanding life by forming habits and creating disciplines that will allow me to achieve excellence every day.
Excellence isn’t as much about being the best at something as it is about being the best you can be, and becoming better than you were before.
Jed Clampett... The new face of Personal Excellence?

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The components of the wheel are interconnected, and so are the five areas of human development.
Live With Intention and Purpose.

These are the things for which we are willing to sacrifice in order to have, and fight to keep.

CORE VALUES

- Faith
- Family
- Character
- Accumulation
- Fulfillment
- Freedom
- Health
- Career
- Accomplishment
- Wealth
Your brain is like the hard drive of a computer.
Intellectual Development

Don’t learn more to know more...

Learn more to live better!
Fitness (Physical)
ETERNAL SIGNIFICANCE

Spiritual Growth

✦ Your most deeply held beliefs.

✦ Regardless of religious beliefs or practices, everyone has a spiritual aspect to their life.

✦ Someone else’s spiritual views are just as important to them as yours are to you.
People - Social Interaction

All of your relationships.

Family

Friends

Customers

Co-Workers

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Your moral character is the person you are and the life that you live. These are the things you do that are bigger than yourself.
ALLOW FOR MARGIN AND ___________________.

Margin is the difference between your time and your commitments.

Margin should renew or recharge you.
ALLOW FOR MARGIN AND ___________________.

If you have no margin, your life is like a wheel with no air in the tire.
Creating margin in your life may mean saying no to some good things in order to say yes to the most important things.
ALLOW FOR MARGIN AND ACCOUNTABILITY.

*It is not only what we do, but also what we do not do for which we are accountable.*

Jean Batiste

*You cannot escape the responsibility of tomorrow by evading it today.*

Abraham Lincoln
Life Plan

L - Live with Intention and Purpose (Core Values)
I - Intellectual Development
F - Fitness (Contributors to Your Physical Health)
E - Eternal Significance (Spiritual Growth)

P - People (Social Interaction)
L - Life and Livelihood (Your Moral Character / Contribution)
A - Allow for Margin and Accountability
N - Now is the Best Time to Start (or Start Over)
If you’d like to receive occasional strategies for increasing your productivity, ideas for living a better life, and motivational stories/quotes,

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You’ll never change your life until you change something you do daily.

Success is found in your daily routine!
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