



***Leadership 2.0:
A path to Court Management 2.0***

NACM Annual Conference

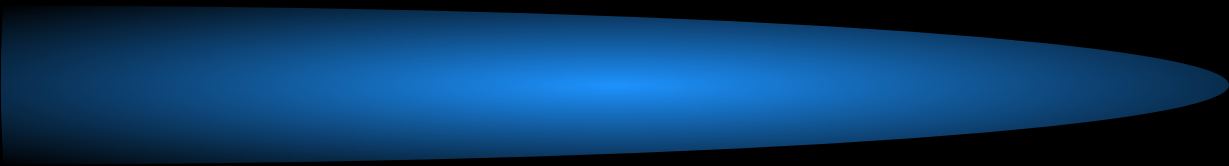
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San Antonio, TX

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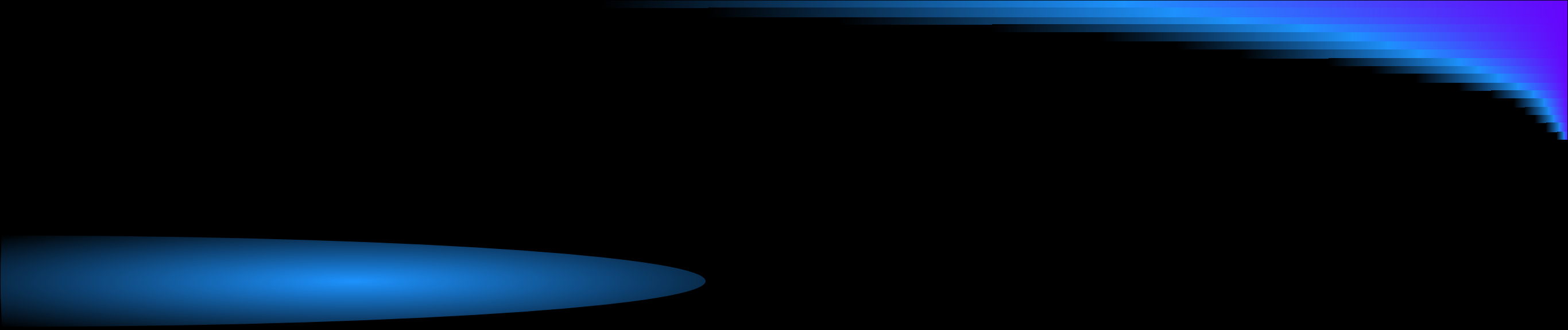






A good leader is one who can tell another
how to reach his or her potential;
a great leader is one who can help another
discover this potential for him or herself.

- Bo Bennett

A blue decorative graphic consisting of a horizontal bar at the top right corner that tapers into a long, thin, pointed shape extending towards the left.

It's not what you say that matters most,
it's why you say it.

- Bruce D Schneider
Founder, IPEC Coaching

2 Types of Energy

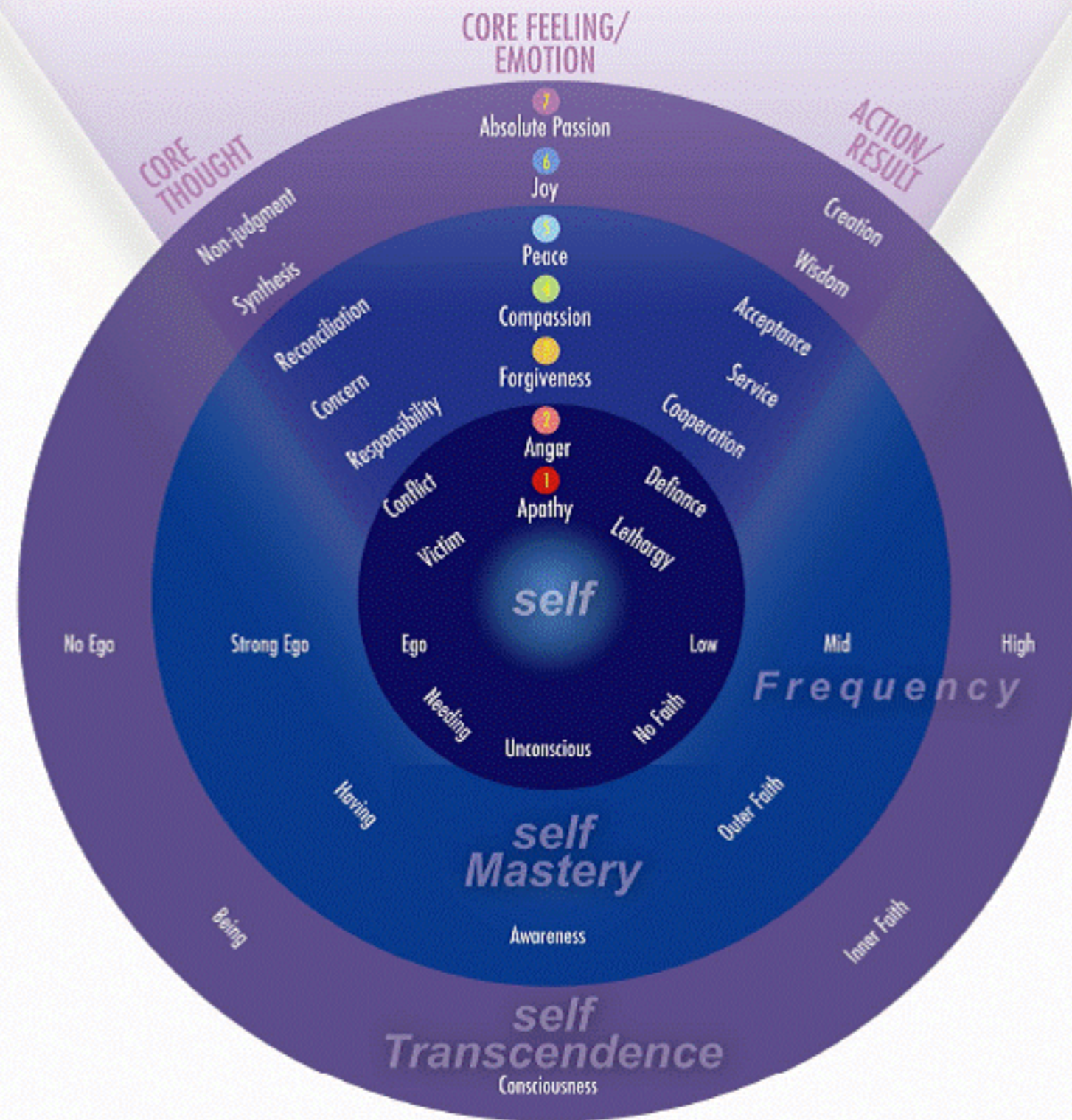
Catabolic

Destructive
Draining
Breaking Down
Restricting
Regressive
Laborious
Judgmental

Anabolic

Constructive
Energizing
Healing
Liberating
Expansive
Effortless
Objective

Energetic Self Perception



Level 1



Winner Loser – “I lose”

Level 1 - Overheard ...

Internal ~ External Dialogue

What's the use? ...

We can't change anything ...

Why bother - nothing's worth the effort ...

Every day feels like a losing battle ...

Level 1 - Overheard ...

Internal ~ External Dialogue

What's the use? ...

We can't change anything ...

Why bother - nothing's worth the effort ...

Every day feels like a losing battle ...

The world is a scary, dangerous, painful place ...

Life sucks and then you die ...

God, if he/she exists, is demanding and

Nobody loves me - I'm all alone in the world ...

I don't deserve to be happy ...

Life has no meaning

Level 2



***Winner Loser – “I win; you
lose”***

Level 2 - Overheard ...

Internal ~ External Dialogue

You can't trust anyone around here...

The means justify the ends ...

It's every man for himself ...

I hate this; I hate that ...

Level 2 - Overheard ...

Internal ~ External Dialogue

You can't trust anyone around here...

The means justify the ends ...

It's every man for himself ...

I hate this; I hate that ...

You can't trust anyone; people are inherently evil ...

God is judgmental, condemning and vengeful ...

I deserve this drink / smoke / pint of Ben & Jerry's ...

I worked for / earned everything I have ...

Grab as much as you can, while you can ...

Every day is a struggle for survival; life is hard ...

Some people are better / more deserving than others ...

It's me against the world ...

Level 3

Winner Loser – “I win. (If you win too, that's OK)”

Level 3 - Overheard ...

Internal ~ External Dialogue

You just have to compromise around here...

You have to sometimes go along to get along ...

People around here are generally good, every one of us can be annoying at times ...

Level 3 - Overheard ...

Internal ~ External Dialogue

You just have to compromise around here...

You have to sometimes go along to get along ...

People around here are generally good, every one of us can be annoying at times ...

S/he just doesn't know any better ...

It's all about me ...

I need to take care of myself; nobody else will ...

Level 4



***Winner Loser – “You win”.
(meaning, “I help you win”)***

Level 4 - Overheard ...

Internal ~ External Dialogue

What can I do to help?

I put others' needs before my own ...

We can make the world a better place ...

It's all about you; don't worry about me ...

We are here to be of service ...

We need to help those less fortunate ...

Have faith; everything will work out in the end ...

I'm so busy caring for others, I have no time for
me ...

Level 5



***Winner Loser – “We both
win”***

Level 5 - Overheard ...

Internal ~ External Dialogue

Opportunities abound, if you have eyes to see ...

Success isn't an option; it's a given ...

Let's/how can we make that happen? ...

We are here for a reason ...

I am the captain of my ship; I chart my course ...

Let bygones be bygones ...

Live in the now ...

Life is beautiful ...

Level 6



***Winner Loser – “Everybody
always wins”***

Level 6 - Overheard ...

Internal ~ External Dialogue

We are all connected ...

We can make miracles happen every day ...

There is no good or bad, there just is ...

A tiny drop can effect the entire ocean ...

I am connected to the source ...

Life's a journey, not a destination ...

We are children of God, perfect in every way ...

Level 7



***Winner Loser – “It’s all an
illusion”***

Level 7 - Overheard ...

Internal ~ External Dialogue

We are one ...

All you need is love; love is all you need ...

I am the writer, producer, director, actor, actress,
and audience in this play of life ...

This life is just an illusion ...

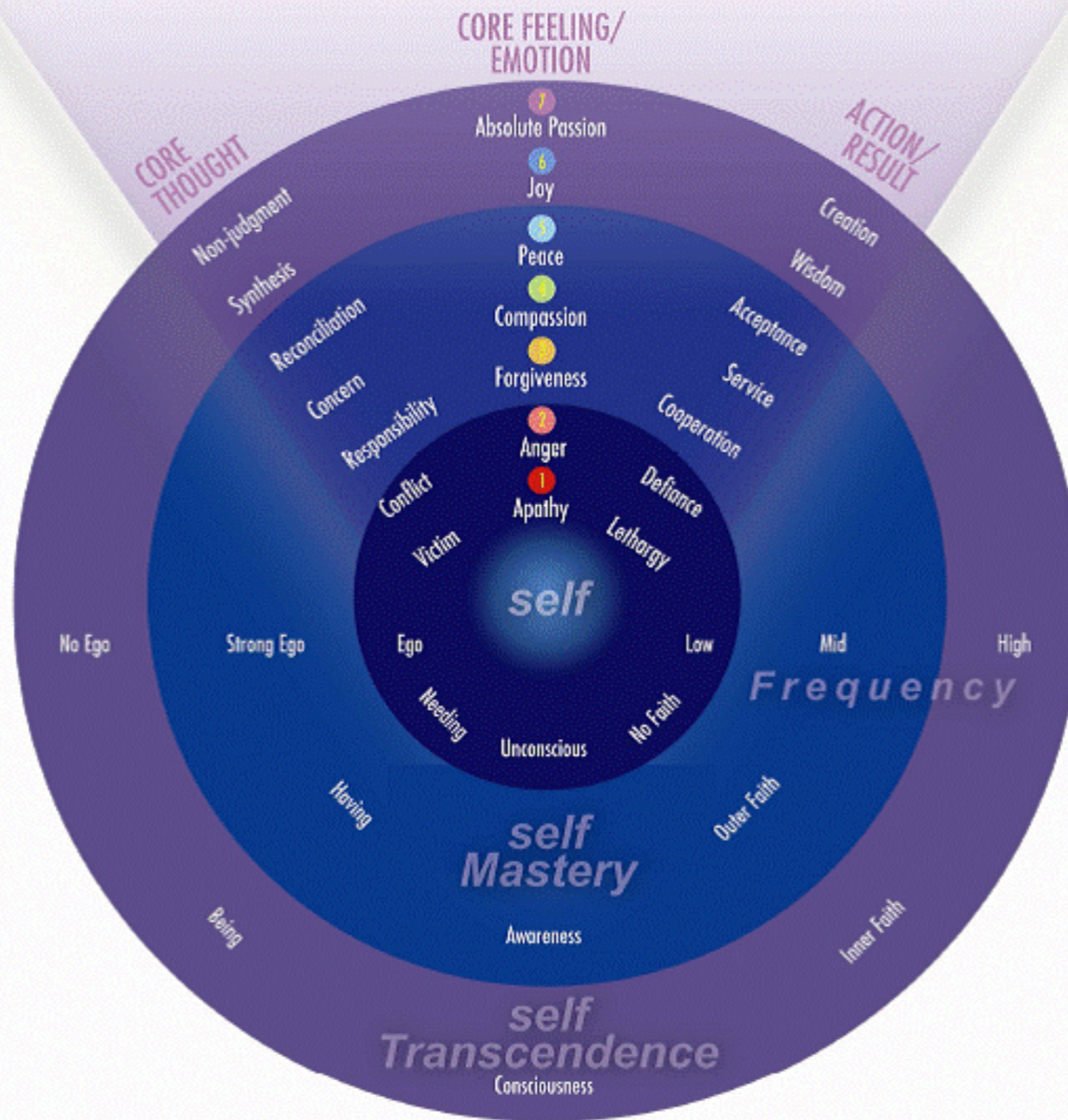
We are everywhere, always; we are eternal ...

God is in us; we are in God ...

We live in a world of infinite possibilities ...

Unconditional love is our true nature ...

Energetic Self Perception



The difference between an A.R.L. of 2.5 and an A.R.L. of 3.0 means:

- 20% increase in financial success
- 10% increase in self described leadership ability
- 15% more satisfaction in interpersonal and intimate relationships
- 12% greater feeling of engagement and excitement at home as well as on the job
- 14% more personal freedom
- 9% improvement in the quality and depth of communication
- 6% increase in health and wellness
- 16% increase in productivity
- 17% improvement in time-management
- 12% greater feeling of spiritual connection
- 15% improvement in satisfaction in work-life balance
- 20% increase in overall combined energy level

Yesterday's Leader

Catabolic Leader

- Manages
- Delegates fully
- Gives information
- Self assesses
- Works in crisis mode
- Disconnects emotionally
- Uses left brain analysis
- Deals with problems
- Takes advantage of others

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Catabolic Leader

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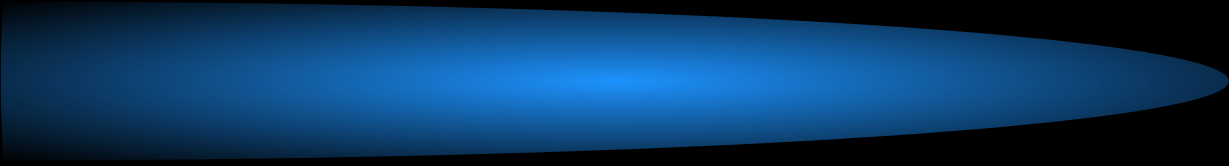
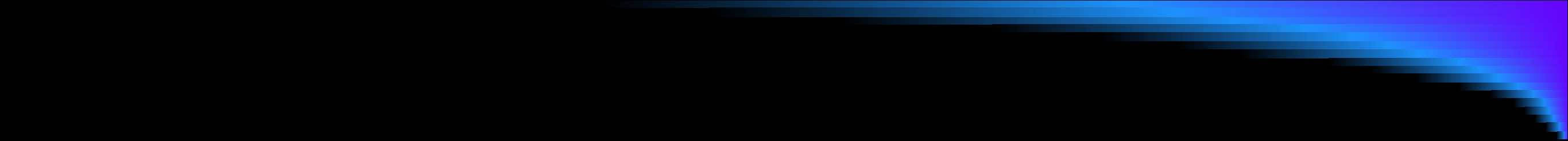
Anabolic Leader

- Leads
- Participates in responsibilities/tasks
- Shares (detailed) information
- Considers feedback from others
- Plans ahead and holds others accountable
- Utilizes emotional awareness
- Uses whole brain thinking
- Sees only opportunities
- Sees the true human resource

Tomorrow's Leader

Anabolic Leader

- Leads
- Participates in responsibilities/tasks
- Shares (detailed) information
- Considers feedback from others
- Plans ahead and holds others accountable
- Utilizes emotional awareness
- Uses whole brain thinking
- Sees only opportunities
- Sees the true human resource



Treat people as if they were what they ought to be, and you help them to become what they are capable of being.

-Johann Wron Goethe

What more is available?

- Book: Energy Leadership
- ELI Assessment and debrief
- ELDS personalized program
- 360 assessment and debrief
- Coach Centric Leadership Engagement Program (CCLEP)
- Certification as an Energy Leadership™ Professional
- Certification as a Professional Core Energy Coach™



**ENERGY
LEADERSHIP**

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