Pursuing Personal Excellence

12 Rules for Reaching Your Full Potential in Life

Presented by: Randy Anderson - E3 Professional Trainers
I will not live an outstanding life by accident!

I can only live an outstanding life by forming habits and creating disciplines that will allow me to achieve excellence every day.
The will to win, the desire to succeed, the urge to reach your full potential...these are all keys that will unlock the door to personal excellence.

Eddie Robinson
The quality of a person’s life is in direct proportion to their commitment to excellence, regardless of their chosen field of endeavor.

Vince Lombardi
We are what we repeatedly do.

Excellence, then, is not an act, but a habit.

Aristotle
Rule #1

Never allow your problems to cause someone else's problems.
Rule #2

Treat others as more important than yourself.
Rule #3

Don’t dislike other people for the way they are.
Don’t compare your effort to someone else’s effort.

Potential is not a relative factor.
Don’t measure yourself by what you accomplish, but by what you could have accomplished based on your ability and opportunities.
Rule #5

Never miss an opportunity to make a positive difference in someone else’s life.
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Don’t put things off no matter how unimportant they may seem.
Make a habit of doing little things GREATLY!

Rule #7
My surroundings shouldn’t determine how I feel.

Don’t allow circumstance to dictate your disposition.
Hope for good for others.

Life is not a zero-sum equation.

Rule #9
Don’t ask others to do anything you wouldn’t do.
Rule #11

Do something every day to make yourself better for tomorrow.
Don’t quit on a miss!

Rule #12
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Teaching the Essential Elements of Excellence for Work and Life

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